

SAMPLE LUNCH MENU

STARTERS

SOUP OF THE DAY **6.50**

Served with Homemade Brown Bread & Butter
(Contains G-wheat, E, Mk)

ATLANTIC SEAFOOD CHOWDER **8.50**

Served with Homemade Seeded Brown Bread & Butter (G, E, Mk)
(Contains F, Cy, Sp, Mk)

(V) PANKO CRUMBED GOLDEN FRIED MUSHROOMS **8.00**

Garlic Aioli
(Contains G-wheat, E, Md, Sp, Mk)

KILKENNY RINGS FARM CHICKEN WINGS **8.00**

Served with Vegetable Sticks, Hot sauce,
Ranch or Blue Cheese Dressing
(Contains E, Cy, Md, Mk, Sp)

PERI PERI SPICED PRAWN SKEWERS **8.00**

Roast Corn & Bell Pepper Salad
(Contains C, Sp)

SANDWICHES

PESTO ROSSA MARINATED CHICKEN ON TOASTED ARAN SOURDOUGH **13.50**

Red Onion, Rocket & Parmesan
(Contains G-wheat, Mk, N, Sp)

BAKED KILKENNY HAM HOT BAGUETTE **13.50**

Shredded Cos Lettuce, Cranberry mayo & Brie
(Contains G-Wheat, E, MK, Md, Sp)

*All Sandwiches served with a portion of
Langton's Homemade Fries*

SALADS

(VE) HARISSA SPICED CHICKPEA **15.50**

Quinoa, Tropical Salsa, Garden Pea &
Coriander, Lime & Coconut Dressing
(Contains G-wheat, Sp)

CHIMICHURRI BEEF **15.50**

Red Bean, Roast Peppers & Feta Cheese,
Toasted Seeds
(Contains S, Mk, Sp)

PANKO CRUMBED CHICKEN GOUJON **15.50**

CAESAR SALAD
Bacon Lardons, Caesar Dressing, Croutons, Cos, Served
Cos, Served with Fries
(Contains G-Wheat, E, Mk, Md, Sp)

SIDES

LANGTONS HOMEMADE FRIES **3.50**

(Sp)

GARDEN SIDE SALAD **3.50**

(Md, Sp)

MASHED POTATOES **3.50**

(Sp, Mk)

MARKET VEGETABLES **3.50**

(Sp, Mk)

ALLERGENS LIST: CONTAINS

GLUTEN = G, CRUSTACEANS = C, EGGS = E, FISH = F, MOLLUSCS = M, SOYBEANS = S, PEANUTS = P
NUTS = N, MILK = MK, CELERY = CY, MUSTARD = MD, SESAME SEEDS = SS, SULPHITES = SP, LUPIN = L

SAMPLE LUNCH MENU

MAIN COURSE

BRAISED BEEF & SMITHWICK'S CASSEROLE	15.50
<i>Herb Creamed Potatoes (Contains Mk, Sp, Cy)</i>	
STEAK SANDWICH	16.50
<i>Texas BBQ Rump Steak, Grilled Sourdough, Crispy Onions & White Cheddar, Side of Coleslaw & House Fries</i>	
<i>(Contains G-wheat, E, Mk, Md, Sp)</i>	
(VE) MEDITERRANEAN BEAN & VEGETABLE CASSOULET	15.50
<i>Coriander Rice (Contains Cy, Sp)</i>	
PASTA: CHORIZO & GARDEN PEA	15.50
<i>Smoked Paprika Cream, Garlic Bread & Parmesan</i>	
<i>(Contains G-wheat, Mk, Cy, Sp)</i>	
PAN FRIED CHICKEN SUPREME	15.50
<i>Potato, Bacon & Herb Stuffing, Spring Onion Cream</i>	
<i>(Contains Mk, Cy, Sp)</i>	
HOMEMADE LANGTON SIGNATURE 6OZ BEEF BURGER	15.50
<i>Brioche Bap, Bacon, Onion Ring, Lettuce, Tomato & Cheddar Cheese, Coleslaw & Fries (Contains Mk, Sp, G-Wheat, E, Md)</i>	
LOUISIANA CHICKEN BURGER	15.50
<i>Bacon, Smoked Knockanore, Brioche Bun, BBQ Sauce with Fries</i>	
<i>(Contains G-Wheat, Mk, Md, Sp, E)</i>	
TRADITIONAL BATTERED FISH & CHIPS	15.50
<i>(Contains G-Wheat, E, F, Sp, Md)</i>	
6OZ SIRLOIN STEAK	29.50
<i>Onion Rings, Sautéed Mushrooms, Fries & Side Salad, or Mashed Potatoes & Vegetables</i>	
<i>(Contains G-Wheat, Mk, E, Sp, Cy)</i>	

DESSERTS

BAILEYS BROWN BREAD ICE-CREAM GATEAU	8.00
<i>Butterscotch Sauce</i>	
<i>(Contains: G-Wheat, E, Mk, N, Sp)</i>	
WARM APPLE & BERRY CRUMBLE	8.00
<i>Vanilla Custard (Contains G-wheat, E, Mk)</i>	
RASPBERRY & ALMOND BAKEWELL TART	8.00
<i>Vanilla Ice Cream (Contains G-wheat, E, Mk, N, Sp)</i>	
WHITE CHOCOLATE BLONDIE	8.00
<i>Strawberry Ice Cream (Contains G-wheat, E, Mk)</i>	
CHOCOLATE & CARAMEL TARTLET	8.00
<i>Salted Caramel Ice Cream</i>	
<i>(Contains G-wheat, E, Mk)</i>	



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